

EMERGENCY CARD

The emergency card is a personal and nominative card containing the main health information related to the patient's rare disease.

It is specific to a given rare disease and allows for appropriate management and treatment to be provided during emergency care. Patients should keep their emergency card with them at all times to ensure that anyone providing care for them has all the information and recommendations required for an emergency situation.

This card has been filled in by the doctor responsible for the patient's care and follow-up.

We offer you this English translation of your emergency card to take with you and use when traveling abroad.

MULTIPLE OSTEochondromas

To be monitored: size, location, and impact of osteochondromas throughout life

CLASSIC ELEMENTS OF THE DISORDER

Hard, smooth, non-mobile outgrowths located at the ends of the long bones (knees, shoulders, ankles, wrists), sometimes in the spine, scapulae and pelvis.

Possibility of limb deformities

LOCATIONS TO MONITOR

(tick the corresponding boxes if location is known)

- Cervical/dorsal spine
- Thorax/internal surface of ribs
- Lumbar spine
- Pelvis
- Vascular and/or nerve compression

EMERGENCY RECOMMENDATIONS

Check for known osteochondromas in areas at risk of neurological/vascular or visceral compression (spine/thorax/ribs/pelvis)

- Check for peripheral pulses
- Neurological examination and pain assessment
- Evaluation of functional impairment and pain